“Join Us”
by Rick Wilson

How many times have you sat watching a morning fog slowly dissipating across a food plot, an orchard or a wooded area? Is that how our Lord waits for us to join Him in feeding His hungry children?

We've been asking you to Join Us for nearly two decades. And you have Joined Us by using your time and talents to harvest and donate your deer. You have Joined Us by volunteering as one of our many dedicated FHFH Coordinators. And you have Joined Us by bringing your friends along with you to help us feed the hungry somewhere.

All that has enabled Farmers & Hunters Feeding the Hungry to provide nearly 17 million meals served to our hungry neighbors, to our homeless neighbors, and to our neighbors who are simply out of work.

Now the fog has lifted, and you and I can see clearly the deer in the first sunlight of the day. The deer that can feed approximately 200 hungry children, women and men. What will we do … wait until it draws closer? It's already under 30 yards. Will we wait until it turns slightly … quartering away? The moment is PERFECT. Now make that perfect shot!

Was your shot true? During the next moment, you can hardly breathe. Waiting … and finally taking that exhilarating breath as you witness 200 meals lying there on the ground before you! Now what? "Oh, Heavenly Father thank you … thank you for providing this morning. Thank you Lord for choosing me to be a part of this extraordinary opportunity to join You in providing life-giving protein to hundreds of your children in need. A moment Lord … I will never forget!"

(continued on page 2)
When Our Lord led me to begin Farmers and Hunters Feeding the Hungry, it cost about $35 to process one deer; and now you can Join Us by becoming one of the FIRST Supporting Members for that same $35. By becoming an FHFH Member, you will become one of thousands of men, women and young people who are now formally joining together to feed the hungry among us.

When you Join Us, we will send you one of our FHFH hats so you can wear it and let it quietly tell others what you are doing. We will also send you a decal for your vehicle, your desk or place where you work. You will receive our bimonthly online newsletter and our annual printed magazine *For I was Hungry*. We will invite you to purchase our FHFH Logo Gear and products at a 20 percent discount.

When you Join Us as an FHFH Member, you will become a part of the camo and orange army providing the protein of red meat to the hungry across America. A friend of mine once introduced FHFH to hunters all over America by saying, "Trust me, your venison never tasted SO GOOD!"

To join as a Supporting Member or to give a Gift Membership:
- visit [www.fhfh.org/supporting-membership.html](http://www.fhfh.org/supporting-membership.html)
- to join online or print and mail a form.
- or call 1-866-438-3434

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**We welcome these individuals who have joined FHFH as Local Program Coordinators:**

**Indiana**
- Bryan and Jessica McFadden
- Northwest Indiana FHFH (IN-32)
- Counties served: Lake, LaPorte, Porter

**Maryland**
- Michael Davis
- Anne Arundel FHFH (MD-08)
- County served: Anne Arundel

**New York**
- Connie Frasier
- Herkimer County FHFH (NY-04)
- County served: Herkimer
FHFH - Touching the Lives of Those in Need

A Note of Appreciation for FHFH in Ohio

Beverly of Ohio wrote:

“They use this (FHFH) throughout the State of Ohio to help feed many that are in need. It’s a great ministry. We had a donation given to us and we are ever so grateful for their help.

God Bless you all. We would like to go hunting one day to pay it forward.”

Southwest Ohio FHFH Holds 1st Annual Feed the Hungry 5k
By Tim Fisher, Co-coordinator

Well, our 1st annual Feed the Hungry 5k is in the books! On Saturday, August 30th, we registered 52 participants prior to the start of a beautiful day. The challenging course setting was at Armco park, nestled in the rolling hills of Warren County, Ohio.

Upon completion, we awarded plaques to several age and gender classes. We also tallied 120 pounds of donated food items to benefit one of our long time contributors of our OH-15 chapter, the Breiel Church food pantry (Middletown).

We were supported generously by several volunteers from the "Feed Ohio" campaign. Some additional photos and results are posted on our website, www.fhfsouthwestohio-15.webs.com. Already, we are looking forward to next years' event!

Fighting Hunger in Ohio

There are several organizations in Ohio fighting hunger by helping hunters donate a portion or all of their venison to folks who need it.

The Division of Wildlife thanks the Ohio hunter for making a difference by donating your venison to the hungry in Ohio.

FHFH thanks all involved in Ohio who are helping to feed the hungry with nutritious venison!
Farmers and Hunters Feeding the Hungry (FHFH) received a $30,000 grant from the Walmart Foundation. Through this grant, the FHFH will be able to provide additional protein-rich meat to people in need across North Carolina.

“We are deeply appreciative of this support from the Walmart Foundation for North Carolina FHFH Chapters. An estimated 70,000 additional servings of nutritious meat to the hungry of North Carolina will allow us to expand the number of food relief groups and organizations served,” said Matt Wilson, FHFH Program and Development Director.

“Walmart and the Walmart Foundation are delighted to support the Farmers and Hunters Feeding the Hungry,” said Brooke Mueller, Director, Public Affairs and Government Relations, Walmart. “Walmart understands the importance of this organization and its role in providing nutritious food to those in need.”

The donation totals received by existing and potential new FHFH chapters can be increased greatly by approximately 350 deer this fall and winter season. The funding support from the Walmart Foundation will also aid in the recruiting of new local program coordinators and qualified meat processors to participate with FHFH in the effort to feed the hungry of North Carolina.

About Philanthropy at Walmart
Walmart and the Walmart Foundation are committed to helping people live better through philanthropic efforts that draw on the strengths of Walmart in the arenas of sustainability, economic opportunity, and community. As part of our commitment to creating a more sustainable food system worldwide, Walmart and the Walmart Foundation are leading the fight against hunger in the United States. They recently exceeded a $2 billion goal to fight hunger one year ahead of schedule and have donated more than 1.5 billion pounds of food to those in need across the country. To learn more about Walmart’s giving, visit www.foundation.walmart.com.

Frederick County Kiwanis Club Supports FHFH
The Frederick County Kiwanis Club has supported FHFH another year by donating $250 to help feed the hungry.

Thank you Frederick County Kiwanis!

In the photo (left to right): Frank Parker, Frederick County Kiwanis Club member; Dave Riordan, Co-coordinator for Frederick County FHFH; and Matt Wilson, FHFH Program and Development Director.
Sharing the Harvest

Sherrie Sutlles, wife of Brian Sutlles, Coordinator for Champaign County FHFH in Ohio, got her first buck, all on her own, with a bow - a really nice 8 point.

She donated it to their FHFH chapter in Champaign County.

Thank you Sherrie for helping to feed the hungry in Ohio!
"ConnectedAfield" Mobile Hunting App!

FREE Hunting & Fishing APP!

Try out the FREE new mobile hunting app “ConnectedAfield” and look for our FHFH ad and participating butcher listings!

Download at www.connectedafield.com

Available on the App Store Google play

SEVEN FEATURES:
WEATHER • SOLUNAR
MAPPING • PRIVATE JOURNAL
SOCIAL MEDIA • CLASSIFIEDS
REGULATIONS IN ALL 50 STATES

$35 Supporting Membership

Your $35 membership helps hunters and farmers provide much needed nutritious meat to the hungry among us nationwide!

Supporting Members Receive:
• FHFH Logo Mossy Oak Hat (alternate style available by request)
• Annual FHFH “For I was Hungry” Newsmagazine
• Vinyl FHFH Logo Decal
• FHFH Supporting Membership Card
• Entry into Annual Hunger Busters Sweepstakes
• 20% Discount off FHFH Logo Gear in online store

To join as a Supporting Member or give a Gift Membership

visit www.ffhf.org/supporting-membership.html to join online or print and mail a form

or call 1-866-438-3434
Support FHFH and Help Feed the Needy

Your VOTE for FHFH Will Raise Money to Feed the Hungry!

You can raise support and awareness to help feed the needy by VOTING for FHFH in the TruckVault Cares Campaign now through December 31st. Presented by Scott Linden’s Wingshooting USA, the flagship television show of the National Shooting Sports Foundation, the TruckVault Cares Campaign raises sponsorship money and awareness for conservation charities and organizations.

Votes will be counted in the form of “kibbles” placed in dog dishes and will result in sponsorship donations from the campaign to the participating groups. There is no cost or obligation involved in voting. FHFH needs the votes of as many people as possible to receive the maximum support and awareness connected with this campaign!

FHFH is honored to be one of six national charities selected to participate this year. Other participants include USA Shooting, Theodore Roosevelt Conservation Partnership, German Shorthaired Pointer Rescue, National Police Dog Foundation, and the Quail and Wildlife Federation. Each organization will be featured regularly on Wingshooting USA episodes along with print, website and social media promotions of the campaign.

Ask your friends, family and co-workers to vote for FHFH too!

Win one of many Great Prizes!

To enter online, for prize listing, rules and more information visit www.feedingthehungry.org

Donations accepted but not required

$5.00 donation or more receives a FHFH decal!

Sweepstakes ends 12/31/14

Enter by mail, online, phone, through
START A CHAPTER - GIVE SUPPORT - DONATE A DEER

THE 2X16 CHALLENGE

FARMERS AND HUNTERS
Feeding The Hungry
www.fhfh.org

200 Chapters - 2 Million Meals - by 2016

Hunters and landowners have provided nearly 16 Million Meals since 1997 with FHFH. On average around 1.5 Million Meals are provided annually through FHFH chapters. Help us reach the 2X16 Challenge Goal of providing 2 Million meals annually through 200 FHFH Chapters across our nation. You can join the hunt against hunger in your neighborhood today!

Start a chapter, give support, or donate a deer.

Over 48 Million hungry men, women, and children are waiting for your help!

Make a tax-deductible contribution to FHFH by calling toll-free 1-866-GET-FHFH or visiting www.fhfh.org!
Like us on Facebook at facebook.com/feedingthehungry
FHFH Recipe Box

**Stuffed Venison Roast**
Submitted by Stan Godlewski, 
Events Coordinator at 
Bass Pro Shop Outdoor World, Hanover, MD

Butterfly a venison roast (open it up to allow it to be stuffed)  
Season with garlic and onion powder, and salt and pepper  
Spread sweet uncased Italian sausage over the open butterfly  
Lay fresh spinach leaves over the sausage  
Sprinkle onion soup mix over the spinach and sausage  
Roll up the roast and tie with butchers string  
Place onions, garlic, bell pepper, carrots, potatoes, celery in a crock pot  
Place roast on vegetables  
Add beef stock, and dry red wine to about 1/3 of the roast  
Place bacon strips across the roast  
Set the crock pot on low and let it cook away until done.

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**Ropa Vieja (Cuban)**
Submitted by Jim Tate, Coordinator for DC Metro FHFH

1 tablespoon vegetable oil  
2 pounds venison backstrap  
1 cup beef broth  
1 (8 ounce) can tomato sauce  
1 small onion, sliced  
1 red or yellow bell pepper, seeded and sliced into strips  
1/3 cup dried and powdered wild mushrooms  
2 cloves garlic, chopped  
1 (6 ounce) can tomato paste  
1 teaspoon ground cumin  
1 teaspoon chopped fresh cilantro  
1 tablespoon olive oil  
1 tablespoon white vinegar  
6 green olives stuffed with pimento  
1/3 cup raisins

1. Heat vegetable oil in a large skillet over medium-high heat. Brown the venison on each side, about 4 minutes per side.  
2. Slice and transfer venison to a slow cooker. Or, the venison can be cooked and then shredded. Pour in the broth and tomato sauce, then add the onion, garlic, tomato paste, cumin, cilantro, olive oil, mushroom, and vinegar. Stir until well blended. Cover, and cook on High for 4 hours, or on Low for up to 10 hours. An hour before serving, add the bell pepper, olives, and raisins. Serve over rice with lime wedges, grated cheese, and fresh cilantro.
FHFH Sponsors

**National**
Special thanks to these Corporate Sponsors who have chosen to support the work of FHFH nationally through cash, material, and promotional support.

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  Mathews
  www.mathewsinc.com

- **Gold**
  Mossy Oak
  www.mossyoak.com

  Quality Deer Management Association
  www.qdma.com

- **Silver**
  Henry Repeating Arms Company
  www.henryrepeating.com

  LEM Products
  www.lemproducts.com

- **Bronze**
  Drury Outdoors
  www.druryoutdoors.com

**State & Local**
Special thanks to these corporations, organizations and foundations who provide a significant amount of financial support for our work. Some provide support to feed the hungry of a particular state while others focus their support on specific communities. Together these sponsors are helping to feed nutritious venison to many thousands of our hungry neighbors!

- Baltimore County Game & Fish Protective Association (MD)
- Churches United of the Quad City Area (IL)
- Coon and Critter Catchers (OH)
- D.C. Central Kitchen, Inc. (DC)
- Emmanuel United Church of Christ (OH)
- Evangelical Lutheran Church in America (OH)
- Legacy Foundation (CA)
- Maryland Department of Natural Resources
- Maryland Grain Producers Utilization Board
- Maryland Soybean Board
- Mathias Washington County Charitable Trust (MD)
- Monsanto Company (MI, TN)
- Mountain View Community Church (MD)
- National Rifle Association (OH)
- New Life Ministries (OH)
- Ohio Department of Natural Resources
- St. Alban’s Parish (DC)
- Schwab Charitable Fund (IL)
- T. Rowe Price Program (MD)
- Wal-Mart Foundation (AZ, FL, GA, IL, IN, LA, MD, MO, MT, NC, OH, SC, TN)
- Wells Fargo Bank (NC)
- Whitetails Unlimited, Inc. National Headquarters (OH)

To find out how your corporation or organization can become a Corporate or State/Local Sponsor, please email us at staff@fhhf.org or call 1-866-Get FHFH today!